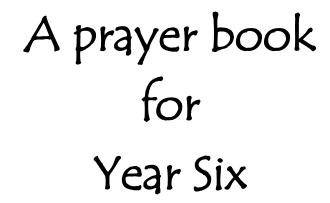
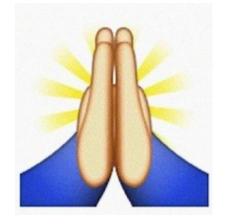


"Our Community, Growing and Learning Together with Christ"





This prayer booklet includes the prayers of the Church that each child should know at the end of the year.

Please practise with them and encourage them to pray

regularly with you as a family.



SIGN OF THE CROSS

In the Name of the Father, and the Son, And the Holy Spirit, Amen.

THE OUR FATHER

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail, Mary! Full of grace, The Lord is with thee; Blessed are thou among women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now, and at the hour of our death. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy;
Hail, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

O Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth. O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit we may be always truly wise and ever rejoice in his consolation. Amen.

The Magnificat

My soul glorifies the Lord, My spirit rejoices in God, my Saviour. He looks on his servant in her loneliness; henceforth all ages will call me blessed.

The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly.

He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers,

to Abraham and his sons for ever. Amen.

GRACE BEFORE MEALS

Bless us O God as we sit together, Bless the food we eat today, Bless the hands that make the food, Bless us O God. Amen.

GRACE AFTER MEALS

Thank you God for the food we have eaten, Thank you God for all our friends, Thank you God for everything, Thank you God. Amen.

MORNING PRAYER

Father in heaven, you love me. You're with me night and day. I want to love you always, in all I do and say. I'll try to please you Father, bless me throughout the day. Amen

EVENING PRAYER

God our Father, I come to say, thank you for your love today. Thank you for my family, and all the friends you give to me. Guard me in the dark of night and in the morning send your Light. Amen

GLORY BE TO THE FATHER

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

PRAYER TO THE GUARDIAN ANGEL

Angel sent by God to guide me, Be my light and walk beside me; Be my guardian and protect me; On the paths of life direct me.

ETERNAL REST

Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. Amen.

ACT OF SORROW

O my God, I thank you for loving me. I am sorry for all my sins: for not loving others and not loving you. Help me to live like Jesus and not sin again. Amen You, my child, shall be called the prophet of the Most High;

for you will go before the Lord to prepare his way,

to give his people knowledge of salvation

by the forgiveness of their sins.

In the tender compassion of our God

the dawn from on high shall break upon us,

to shine on those who dwell in darkness and the shadow of death,

and to guide our feet into the way of peace.

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

Benedictus

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty saviour, born of the house of his servant David. Through his holy prophets he promised of old That he would save us from our enemies,

From the hands of all who hate us.

He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath that he swore to our father Abraham: To set us free from the hands of our enemies,

Free to worship him without fear, Holy and righteous in his sight all the days of our life. for you will go before the Lord to prepare his way, to give his people knowledge of salvation

THE ANGELUS

The Angel of the Lord declared to Mary: **R:** And she conceived of the Holy Spirit. Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. **R:** Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. Behold the handmaid of the Lord: **R**: Be it done unto me according to Thy word. Hail Mary . . . **R:** Holy Mary... And the Word was made Flesh: And dwelt among us. Hail Mary . . . R: Holy Mary, Pray for us, O Holy Mother of God **R:** That we may be made worthy of the promises of Christ.

PRAYER OF ST FRANCIS OF ASISSI

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

Regina Caeli

Queen of Heaven, rejoice. Alleluia! For he whom you were made worthy to bear. Alleluia! Has risen as he said. Alleluia! Pray for us to our God. Alleluia! Rejoice and be glad, O Virgin Mary. Alleluia! For the Lord has risen indeed. Alleluia! Let us pray; God, who through the resurrection of your Son, our Lord Jesus Christ, has made glad the whole world, grant us, we pray, that through the intercession of the Virgin Mary, his mother, we may attain the joys of everlasting life. Through the same Christ our Lord.

Amen.

Nunc Dimittis

Now, Lord, you have kept your word: let your servant go in peace. With my own eyes I have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

ACT OF FAITH, HOPE AND LOVE

Jesus, I believe in you. Jesus, I hope in you. Jesus, I love you.

ACT OF FAITH

My God, I believe in you and all your Church teaches, because you have said it and your word is true. Amen

ACT OF HOPE

My God, I hope in you, for grace and for glory, because of your promises, your mercy and power. Amen.

Prayer to the Guardian Angel

Angel sent by God to guide me, be my light and walk beside me; be my guardian and protect me; on the paths of life direct me.

Prayer of St Richard of Chichester

Day by day,

O dear Lord,

three things I pray:

to see you more clearly,

love you more dearly,

follow you more nearly,

day by day,

by day, by day. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.

Amen.